WHAT IS CLAIMED IS:

5

10

20

25

30

1. A method of preventing or inhibiting a viral infection in a subject, the method comprising administering to said subject a pharmaceutical composition comprising a ceramide-generating retinoid or a pharmaceutically acceptable salt thereof.

- 2. A method of preventing or inhibiting a viral infection in a subject, the method comprising administering to said subject a pharmaceutical composition comprising a ceramide-degradation inhibitor or a pharmaceutically acceptable salt thereof.
- 3. A method of preventing or inhibiting a viral infection in a subject, the method comprising administering to said subject a pharmaceutical composition comprising:
- (a) a ceramide-generating retinoid or a pharmaceutically acceptable salt thereof; and(b) a ceramide-degradation inhibitor or a pharmaceutically acceptable salt thereof.
 - 4. A method of claims 1 and 3 wherein the ceramide-generating retinoid is a retinoic acid derivative.
- 5. A method of claims 2 and 3 wherein the ceramide degradation inhibitor is selected from the group consisting of glucosyl ceramide synthase inhibitors, sphingosine-1-phosphate synthesis inhibitors, protein kinase C inhibitors, and the pharmaceutically acceptable salts thereof.
 - 6. A method of preventing or inhibiting a viral infection, the method comprising administering a pharmaceutical composition comprising at least one N-(aryl)retinamide compounds to the subject suffering from or susceptible to a viral infection.
 - 7. The method of claim 6, wherein the N-(aryl)retinamide modulates

49

ceramide metabolism.

8. The method of claim 6, wherein the pharmaceutical composition comprises N-(4-hydroxyphenyl)retinamide or a derivative thereof.

5

9. The method of claim 6, wherein the pharmaceutical composition comprises at least one compound of the formula:

$$\bigcap_{\mathbb{R}^1} \bigcap_{(\mathbb{R}^2)_n} OH$$

10

15

20

25

wherein:

R¹ is hydrogen, optionally substituted alkyl, optionally substituted alkenyl, optionally substituted alkynyl, or optionally substituted aralkyl;

R² is independently selected at each occurrence from the group consisting of hydrogen, halogen, hydroxy, optionally substituted alkoxy, optionally substituted alkyl, optionally substituted alkynyl, optionally substituted amino, and optionally substituted mono- and di-alkylamino; and n is an integer of from 0 to about 4.

- - 10. The method of claim 6, wherein the pharmaceutical composition comprises N-(4-hydroxyphenyl)retinamide.
 - 11. The method of claim 9, wherein the pharmaceutical composition further comprises one or more therapeutic agents selected from 1-phenyl-2-hexadecanoylamino-3-morpholino-1-propanol, chemokine inhibitors, HIV fusion inhibitors, viral protease inhibitors, reverse transcriptase inhibitors, and entry inhibitors.
 - 12. The method of claim 6, wherein the subject is a mammal.

13. The method of claim 6, wherein the subject is a primate.

14. The method of claim 6, wherein the subject is a human.

5

15

15. The method of claim 6, wherein the N-(aryl)retinamide compound inhibits HIV infectivity at a concentration of less than 10 μ M.

- The method of claim 6, wherein the N-(aryl)retinamide compound inhibits
 HIV infectivity at a concentration of less than 5μM.
 - 17. A method of inhibiting HIV infectivity in a subject, the method comprising administration of N-(4-hydroxyphenyl)retinamide or a derivative thereof sufficient to increase ceramide levels in a cellular membrane susceptible to HIV entry

18. The method of claim 17, wherein the N-(4-hydroxyphenyl)retinamide or a derivative thereof decreases the viral load in a subject by about 40%, at least about 50%, 60%, 75%, 80%, 99.9%, up to about 100%.

- 20 19. A method of inhibiting HIV infectivity in a subject, the method comprising administration of compound that stimulates the *de novo* synthesis of ceramide sufficient to increase ceramide levels in a cellular membrane susceptible to HIV entry.
- 20. The method of claim 19, wherein the compound that stimulates the generation of ceramide is sphingomyelinase.
 - 21. The method of claim 19, wherein sphingomyelinase decreases viral load in a subject by about 40%, at least about 50%, 60%, 75%, 80%, 99.9%, up to about 100%.
- The method of claim 21, wherein viral load is due to infection by HIV.

23. A method of inhibiting a viral attachment/entry or exit phase of a virus by administering a pharmaceutical composition to a cell susceptible to infection by a virus, wherein the pharmaceutical composition comprises an inhibitor of at least one enzyme essential to ceramide metabolism.

5

- 24. The method of claim 23, wherein the enzyme is essential to a glycosylation step of ceramide metabolism.
- 25. The method of claim 23, wherein the pharmaceutical composition comprises at least one compound of the formula:

$$\bigcap_{\mathbb{R}^1} \bigcap_{(\mathbb{R}^2)_n} OH$$

wherein:

26.

comprises N-(4-hydroxyphenyl)retinamide.

R¹ is hydrogen, optionally substituted alkyl, optionally substituted alkenyl, optionally substituted alkynyl, or optionally substituted aralkyl;

R² is independently selected at each occurrence from the group consisting of hydrogen, halogen, hydroxy, optionally substituted alkoxy, optionally substituted alkyl, optionally substituted alkynyl, optionally substituted amino, and optionally substituted mono- and di-alkylamino; and n is an integer of from 0 to about 4.

25

27. The method of claim 26, wherein the pharmaceutical composition further comprises one or more therapeutic agents selected from 1-phenyl-2-hexadecanoylamino-3-morpholino-1-propanol, chemokine inhibitors, HIV fusion inhibitors, viral protease

The method of claim 25, wherein the pharmaceutical composition

inhibitors, reverse transcriptase inhibitors, and entry inhibitors.

- 28. The method of claim 25, wherein the cell is a mammalian cell.
- 5 29. The method of claim 28, wherein the cell is an immune cell.
 - 30. The method of claim 25, wherein the RNA virus is HIV.
- 31. The method of claim 25, wherein the N-(aryl)retinamide compound
 10 inhibits HIV infectivity at a concentration of less than 10 μM.
 - 32. The method of claim 25, wherein the N-(aryl)retinamide compound inhibits HIV infectivity at a concentration of less than 5µM.
- 15 33. The method of claim 25, wherein sphingomyelinase inhibits the viral attachment/entry phase of an RNA virus in a cell by about 40%, at least about 50%, 60%, 75%, 80%, 99.9%, up to about 100%.
- 34. A kit for performing the methods of claims 1 through 33, the kit 20 comprising:
 - a) one or more agents for increasing ceramide concentration of a cell,
 - b) means for detecting at least one of a) ceramide concentration of the cells, and 2) inhibition of viral infectivity of the cell; and
 - c) directions for using the kit.

25

35. The kit of claim 34, wherein the agents comprise a pharmaceutical composition of a N-aryl retinamide compound capable of activating ceramide biosynthesis in addition to a pharmaceutical composition that inhibits ceramide glycosolation and (glyco)sphingolipid formation.

30

36. The kit of claim 34, wherein the agents comprise any one or more of compositions as identified by Formula I and substituted groups thereof.